

Pavilion Book Catalogue

2012

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Learning Disabilities

Mental Health in Intellectual Disabilities

A reader

NEW

Edited by Geraldine Holt, Steve Hardy and Nick Bouras

This new and revised edition provides up-to-date information on mental health problems in people with intellectual disabilities and associated issues.

In recent years there have been many changes in the field of mental health and to services for people with intellectual disabilities. In this edition two chapters are dedicated to the new legal and policy frameworks that are now in place and include information on the Care

Programme Approach (1990), the revised Mental Health Act (2007) and the Mental Capacity Act (2005).

New topics include:

- mood, anxiety and eating disorders
- personality disorders and substance misuse
- staff support and training
- consent to treatment
- mental health and autism.

Format: handbook (255pp)

Price: £28

Order code: E068

ISBN: 978 1 908066 22 0



Learning Disability Today

3rd edition

NEW

Edited by Steven Carnaby

This revised 3rd edition examines the current issues of those using and delivering services and support. The book takes an optimistic stance, striving to renew and extend the enthusiasm of the previous editions in the face of an ever-changing landscape of policy and provision.

Many of the chapter themes reflect the learning outcomes of the QCF learning disability qualifications introduced in 2011. Personalised services, quality of life and inclusion for all and key issues are covered in this new edition.

Topics include:

- legislative frameworks
- person-centred thinking: implementing person-centred approaches in health and social care
- self-directed support and personalisation
- intimate lives: sexuality and people with learning disabilities
- family matters: working with parents with learning disabilities.

Format: handbook (253pp)

Price: £23

Order code: E104

ISBN: 978 1 908066 58 9

Available: December 2011



Challenging Behaviour and People with Learning Disabilities:

A handbook

NEW

Edited by Steve Hardy and Theresa Joyce

A practical handbook addressing ways of providing positive behavioural support to people with learning disabilities whose behaviour is described as challenging. Key to this training resource has been the inclusion of the perspectives from families and people with learning disabilities.

This is an essential resource in helping to ensure that there is a competent workforce capable of providing effective, ethical and high quality support.

Format: handbook (164pp)

Price: £28

Order code: E048

ISBN: 978 1 908066 49 7



Working with People with Learning Disabilities and Offending Behaviour

A handbook

Eddie Chaplin, Dr Jayne Henry and Steve Hardy

This handbook is designed to provide the reader with up-to-date information on forensic issues in people with learning disabilities. It reflects the latest developments in services and treatment for this group.

Topics include:

- criminal justice system
- risk and risk assessment tools
- promoting safe and therapeutic services
- substance use
- legal and ethical issues.

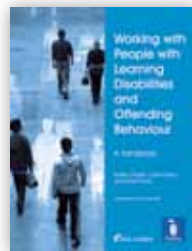
Written by a range of contributors from multidisciplinary backgrounds, this accessible resource provides invaluable background information and learning opportunities for all those working in forensic services for people with learning disabilities.

Format: handbook (162pp)

Price: £19.95

Order code: BF9

ISBN: 978 1 84196 228 3



Personalisation and Learning Disabilities

A handbook for practitioners

NEW

Edited by Andrew Tyson

This handbook comprises contributions from key staff working with In Control as well as from colleagues drawn from other leading organisations, partners and allies. Chapters will cover a wide range of subjects including:

- **part one:** leaders by experience, citizen and family leadership
- **part two:** key roles: support planners, brokers, personal assistants, providers, commissioners, social workers, the local authority and central government

- **part three:** what next for personalisation, outcomes and citizenship, whole life, community, a new social movement.

The handbook will argue that personalisation requires a fundamental shift in personal values to underpin a new contract between the citizen and the state.

Format: handbook (257pp)

Price: £25

Order code: E063

ISBN: 978 1 908066 13 8



Sexuality and Learning Disabilities

A handbook

BEST SELLER

Edited by Michelle McCarthy and David Thompson

Foreword by Hilary Brown

In this book a range of authors share their direct experience of working with people with learning disabilities on sexual issues. They give ideas on helping people with learning disabilities to learn about their bodies and sex.

Topics include:

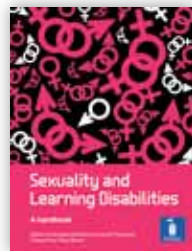
- the law
- masturbation
- menstruation and menopause
- pregnancy
- sexual abuse
- unacceptable sexual behaviour.

Format: handbook (171pp)

Price: £23

Order code: E050

ISBN: 978 1 84196 286 3



Order by phone: **0844 880 5061**



Understanding and Caring for People with Brain Disorders

A handbook for frontline staff, carers and students

NEW

Declan McNicholl and Rob Poppleton

This handbook will give a working knowledge and understanding of the brain's various parts and functions (basic functional neuro-anatomy). It will create an awareness of what can go wrong and how to help the person with an acquired difficulty, including how to identify and how to initially assess difficulties. It will also highlight what can be done and the limitations of such interventions.

Topics include:

- the parts and function of the brain
- thinking and its various aspects described
- emotions, feelings and behaviours: where are they located and controlled in the brain
- common brain disorders
- guidance on how to identify and assess difficulties
- approaches to helping and rehabilitation.

Format: handbook (397pp)

Price: £35

Order code: E043

ISBN: 978 | 84196 279 5



Anxiety and Depression in People with Learning Disabilities

Intervention strategies

OUT SUMMER 2012

Edited by Raghu Raghavan

This handbook focuses on intervention strategies for anxiety and depression in people with learning disabilities and explores the full range of anxiety and depressive illnesses, capturing its manifestation, assessment and bio-psycho-social intervention models.

- discuss the full range of interventions for people with learning disabilities and anxiety and depression
- critically examine current philosophy and practice in the support of people with intellectual disabilities and describe the tensions and dilemmas of supporting people with anxiety and depression.

Among other things, the book aims to:

- describe the aetiology and demography of intellectual disabilities and mental health disorder:
- critically evaluate the contribution of health and social care professionals to the care and support of people with anxiety and depression

Format: handbook (approx 200pp)

Price: £28

Order code: E113

ISBN: 978 | 908066 63 3

Available: Summer 2012

Mental Health

Complex Trauma and Its Effects

Perspectives on creating an environment for recovery

OUT SPRING 2012

Edited by Robin Johnson

This handbook brings together the experiences and perspectives of people working with trauma in a wide range of fields, and explores the innovative ways in which they each seek to overcome the problems they face, while relating this to new thinking that is altering our understanding of a complex medical and social issue.

Topics include:

- the neuro and social science behind complex trauma and personality disorders

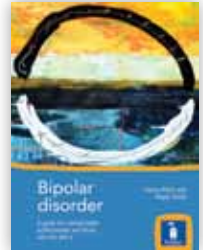
- the effects of chronic neglect and abuse on children
- combat stress and traumatic incidents in the emergency services
- complex trauma amongst the homeless
- therapeutic communities and psychologically informed environments.

Format: handbook (approx 200pp)

Price: £28

Order code: E110

ISBN: 978 | 908066 62 6



Bipolar Disorder

A guide for mental health professionals, carers and those who live with it

NEW

Roger Smith and Danny Walsh

This practical handbook, written by a mental health nurse and an expert by experience, provides a shared understanding of bipolar disorder and recovery.

The guide is divided into four sections covering: theories and approaches to bipolar disorder; inpatient care, bipolar in the community, and related conditions and conclusions. Optional questions, reflection exercises and consideration points are

included so that readers can reflect on their reading and further develop their learning.

Topics include:

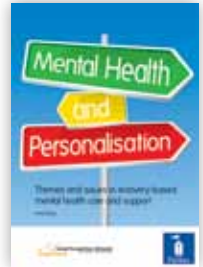
- what is bipolar disorder?
- supporting the family
- principles of recovery
- dealing with stigma
- advance statements.

Format: handbook (355pp)

Price: £28

Order code: E103

ISBN: 978 | 908066 15 2



Mental Health and Personalisation

Themes and issues in recovery-based mental health care and support

BEST SELLER

Daisy Bogg, on behalf of SPN

Personalisation in mental health services is a subject that encompasses many areas and meanings, from social inclusion principles through to a simple direct payment, and as such this workbook aims to assist service users, carers and professionals to work through the themes and issues as related to recovery based mental health care and support.

Topics include:

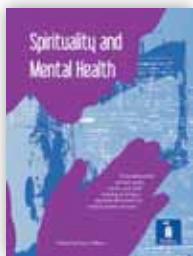
- working in partnership
- respecting diversity
- practising ethically
- identifying people's needs and strengths
- personal development and learning.

Format: wirebound workbook (174pp)

Price: £28

Order code: E044

ISBN: 978 | 84196 280 |



Spirituality and Mental Health

A handbook for service users, carers and staff wishing to bring a spiritual dimension to mental health services

NEW

Edited by Peter Gilbert

This resource is made up of 23 chapters on aspects of spirituality and mental health written by experts in the field. It promotes an understanding of people's belief systems rather than a mechanistic approach to mental health services and proves the increasing importance of spirituality in health and social care.

Topics include:

- understanding spirituality and mental health: the challenge to society

- spirituality: the evidence-base and new approaches
- culture and ethnicity
- faith perspectives on mental health, and work with faith communities
- assessing spiritual needs
- death – the ultimate challenge
- recovery and spirituality: aligning ourselves with ourselves.

Format: handbook (441pp)

Price: £35

Order code: E057

ISBN: 978 1 908066 00 8



Mental Health Recovery Heroes Past and Present

A handbook for mental health care staff, service users and carers

NEW

Sophie Davies, Elizabeth Wakely, Sarah Morgan and Jerome Carson

This groundbreaking new handbook examines the concept of personal recovery through the narratives of, and interviews with, people from all walks of life who have embarked on a recovery journey and thus might be considered heroes.

The first part of this book looks at iconic historical figures and how they could be considered to be mental health recovery

heroes and how their lives were shaped and in fact enhanced by their mental illnesses.

The second provides narratives from 15 contemporary recovery heroes who have lived experience of mental health problems. Each has contributed to our developing understanding of recovery and each has made a unique contribution to the field.

Format: handbook (204pp)

Price: £25

Order code: E101

ISBN: 9781 908066 54 1



The Shape of Bereavement

NEW

Roger Grainger

This new handbook provides an insight into the process of grief and mourning by drawing on interviews with people who have experienced bereavement.

The book focuses on experience and the importance of a caring relationship in enabling a bereaved individual to move forward on their journey from trauma to recovery and renewal. Case studies based on real events and situations are used alongside psychological perspectives to show how people talk about themselves when they are actively encouraged, and consciously enabled, to share their grief.

Topics include:

- the impact of loss on our emotions
- disorientation through loss
- the impulse to deny loss
- knowing yet not knowing
- rites of passage
- working through it together.

Format: handbook (approx 200pp)

Price: £23

Order code: E102

ISBN: 978 1 908066 57 2

Available: Spring 2012

The Family Model: Managing the impact of parental mental health on children

A manual for clinicians and managers

OUT AUTUMN 2012

Adrian Falkov

This manual presents the Family Model approach in working with parental mental illness and its effects on family relationships, children's needs and parenting. It complements approaches to greater family focus in service development and

clinical practice. It is relevant to practitioners, managers and policy makers across a wide range of service settings and systems.

Format: handbook (approx 200pp)

Price: £28

Order code: E109

ISBN: 978 1 908066 61 9

Available: Summer 2012



Eating Disorders in Adults and Adolescents: An introduction

OUT AUTUMN 2012

Edited by Melanie Stevens

This handbook is an introduction to eating disorders which outlines key concepts clearly and concisely. Each chapter is supported by clinical examples to aid learning and further understanding, which allows the reader to apply the essential learning points. Each chapter also finishes with a question and answer section, which will again help the reader to fully understand and apply the text.

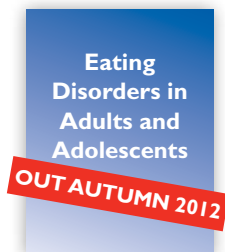
- eating disorders in children and adolescents
- men and eating disorders
- the physical complications
- inpatient treatment
- the use of groups in the treatment of eating disorders
- nutrition and refeeding
- family work
- psychotherapy
- medications.

Format: handbook (approx 200pp)

Price: £23

Order code: E066

ISBN: 978 1 84196 276 4



The content includes:

- aetiology
- eating disorders in adults

Working with Risk and Vulnerable Adults

Male Sexual Abuse and Trauma Training

Interactive Book

Peter Jones

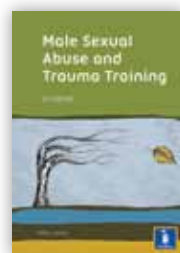
This award-winning interactive book on CD-rom is designed to build upon the DVD of the same title. It seeks to consolidate knowledge and deepen an awareness of male sexual abuse and trauma while providing a framework for individuals to explore some of the emerging issues in more depth.

- legal aspects
- secure environment
- role of the nurse
- forgotten victims
- principles of practice
- self-assessment.

Format: CD-rom interactive book

Price: £29.95 + VAT

Order code: E056



The content includes:

- male socialisation
- mental health

Drugs and Alcohol

Nutrition and Addiction

Supporting recovery from food and substance misuse with nutritional and lifestyle interventions

NEW

Martina Watts

This in-depth handbook examines newly emerging concepts in the management of addiction. Leading researchers and experienced nutrition practitioners explore the underlying nutritional and biochemical factors involved in addictive behaviour; and the importance of nutrition in the prevention and management of addiction and its role in sustainable recovery.

Nutrition and Addiction is an up-to-date, fully referenced resource with a glossary and guide to drug terms. It is a useful guide for those with a basic understanding of nutrition, as well as for more experienced practitioners and health care professionals.

Topics include:

- current developments in the treatment of drug and alcohol dependence in the UK
- the influence of genetic and environmental factors on craving and reward systems in the brain
- why diet and eating patterns may encourage addictive behaviour
- the role of food addictions, eating disorders and food intolerances
- how to develop safe, cost-effective and evidence-based nutritional interventions alongside traditional care options.

Format: handbook (218pp)

Price: £23

Order code: E060

ISBN: 978 1 908066 19 0



The Essential Guide to Drugs and Alcohol e-book

NEW

Harry Shapiro

Providing vital information to all those with a professional interest in the field, this book is essential reading for everyone from drug and alcohol workers to healthcare professionals, social workers and people working in criminal justice, as well as students on a wide range of courses. With an A–Z of illicit substances, a jargon buster of key sector terms, and accessible tables on seizure stats and prevalence, the guide pulls together useful information in an easily digestible way.

Features of The Essential Guide to Drugs and Alcohol include:

- a comprehensive A–Z of illicit substances, including newer 'legal highs' detailing the essential facts such as legal status, prevalence, and long and short-term effects

- an overview of different types of drug and alcohol treatment and the need-to-know organisations that work in the field
- a jargon buster of key terms and acronyms used throughout the drug sector
- an overview of UK drug laws
- easy to navigate with flick pages, click-on contents and search facility.

Format: e-book

Order code: E095

Individual copy: £19.95

Organisational licence: from £6pp

ISBN: 978 1 908066 48 0

Addiction Recovery

A movement for social change and personal growth in the UK

NEW

David Best

This theoretical but highly accessible book helps develop understanding about the philosophy of recovery, what the supporting evidence is and how workers and managers can apply this in a more recovery friendly way as well as what they can do to assess and evidence these changes.

It will examine evidence from a number of international recovery studies and examples of successes in the UK where established recovery communities and groups, some peer projects and some services that have changed their philosophy to a recovery-oriented one.

Topics include:

- mutual aid and the history of the addiction recovery movement
- recovery and treatment
- recovery and public policy
- analysis of 'mature' recovery systems in England
- what works in recovery in the UK
- what now?

Format: handbook (approx 200pp)

Price: £28

Order code: E106

ISBN: 978 | 908066 16 9

Available: January 2011



Management and Staff Development

Managing Change in Health and Social Care Services

Terry Scragg

Managers and professionals involved in implementing change, whether it is a strategic change initiative or operational adjustments to day-to-day practice, this practical resource is to be used as a guide to understanding some aspects of the change process, from a preliminary assessment of the need for change, through to implementation and evaluation.

The three sections include:

- organisational issues
- people central to change
- inter-professional services and innovation.

Format: handbook (approx 200pp)

Price: £28

Order code: E046

ISBN: 978 | 84196 282 5



Children and Young People

Mental Health Needs of Children and Young People with Learning Disabilities

BEST SELLER

Raghu Raghavan, Sarah H Bernard and Jane McCarthy

This book aims to explore issues relating to the care of children and young people with learning disabilities with mental health needs. It will provide health and social care professionals with a sound knowledge base for shaping and enhancing their practice along with the skills and confidence to improve the outcomes for young people with learning disabilities.

Topics include:

- epidemiology and aetiology
- assessment
- nursing perspectives and care planning
- service models
- safeguarding children
- the Mental Health Act, capacity and consent.

Format: handbook (238pp)

Price: £23

Order code: E052

ISBN: 978 | 84196 287 0

Order by phone: **0844 880 5061**



Child and Adolescent Mental Health Today

A handbook

Edited by Catherine Jackson, Kathryn Hill and Paula Lavis

This accessible handbook introduces the subject to the wide array of frontline workers in health, education and social services who have regular contact with children and young people, and need some knowledge of the mental health issues that affect them, and the services available.

The handbook is divided into five sections:

- an overview of child and adolescent mental health policies and service structures
- maternal and infant mental health

- child mental health
- adolescent mental health
- diagnoses and treatments.

Within these sections, chapters discuss topics such as cultural competence, partnership working, promoting positive parenting, risk and resilience, mental health in schools, the mental health needs of young offenders, eating disorders, self-harm and attention deficit hyperactivity disorder (ADHD).

Format: handbook (232pp)

Price: £19.95

Order code: BF4

ISBN: 978 | 84196 226 9



Older People

Older People's Mental Health Today

A handbook

Edited by Toby Williamson, Mental Health Foundation

This new handbook is a collection of chapters written by experts in the field of older people's mental health. It is part of a series of mental health handbooks, which have included adult mental health and child and adolescent mental health.

The handbook is divided into two sections:

- mental health and well-being of older people
- care and support of older people with mental health problems.

Within these sections, chapters discuss topics such as old age and mental health in the context of lifespan; depression and anxiety; families, carers and friends; housing and environment issues; adult protection and risk; dignity in care; current best practice for dementia. The book will provide an invaluable and thorough introduction to students and practitioners who wish to further their knowledge and understanding of the difficulties experienced by older people with mental health problems.

Format: handbook (212pp)

Price: £19.95

Order code: BH6

ISBN: 978 | 84196 247 4

Sale

Mental Health Today

A handbook

Catherine Jackson and Kathryn Hill

This handbook is for all those new to mental health work or seeking to develop their skills.

Format: handbook (167pp) Was: £19.95
NOW: £10 Order **code:** BH6
ISBN: 978 1 84196 247 4

Personalisation

Practical thoughts and ideas from people making it happen

Sam Newman

This handbook will be a practical guide to the implementation of personalisation in adult social care services.

Format: handbook (187pp) Was: £25
NOW: £10 Order **code:** B12
ISBN: 978 1 84196 253 5

Person-centred Active Support: A handbook

Bev Ashman, John Ockenden, Julie Beadle-Brown and Jim Mansell

This handbook will provide additional information on implementing person-centred active support.

Format: handbook (235pp) Was: £25
NOW: £10 Order **code:** E014
ISBN: 978 1 84196 272 6

Public Mental Health Today

A handbook

Edited by Isabella Goldie, Mental Health Foundation

This handbook explores aspects of public mental health, focusing on the relationship between socio-economic inequalities and mental health inequalities as its central theme.

Format: handbook (333pp) Was: £28
NOW: £15 Order **code:** E049
ISBN: 978 1 84196 285 6

Nutrition and Mental Health

Martina Watts

This handbook explains the science behind nutrition and its effects on mental health in a clear, accessible way.

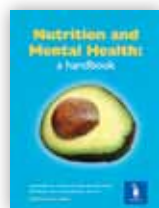
Format: handbook (184pp) Was: £19.95
NOW: £10 Order **code:** BH2

Voicing Psychotic Experiences

Ruth Chandler and Mark Hayward

Voicing Psychotic Experiences explores the process of recovery from psychosis through definitions, research and personal experiences.

Format: handbook (196pp) Was: £19.95
NOW: £10 Order **code:** BH5



Order by phone: **0844 880 5061**

